

# Join and pay for 20 months and get a **FREE** uniform\*!



**Bring this voucher to try one session of  
Taekwon-Do for FREE!**

**Confidence, discipline,  
self-defence, fitness**

- **Ages 3 to 53+**
- **Churchill Park School, Glendowie School,  
Kohimarama School**
- **Classes Mondays to Thursdays, and  
Saturdays**
- **Visit [www.glendowie.com](http://www.glendowie.com) for details**

Contact Master Mark Banicevich

- 7th degree black belt
- 30 years in Taekwon-Do

[mbanicevich@itkd.co.nz](mailto:mbanicevich@itkd.co.nz)  
phone / text 021 314 503  
[www.glendowie.com](http://www.glendowie.com)

\* Offer valid until 14 March 2020.  
Limit two uniforms per family.

